1. When all things in your life are considered, how do you feel today (circle one)? Very happy Content Ok Not Very Happy Miserable
2. Overall, how would you rank the quality of your life, defined as personal satisfaction or dissatisfaction with the cultural or intellectual conditions under which a person lives as distinct from material comfort (circle one)? Very satisfied Mostly satisfied Satisfied Mostly dissatisfied Dissatisfied

**1 = Not At All 2 = Somewhat 3 = Moderately So 4 = Very Much So**

1. I am upset about something that has occurred unexpectedly………………………………. 1 2 3 4
2. I feel that I am unable to control the important things in my life………………………….. 1 2 3 4
3. I feel nervous and “stressed”………………………………………………………………………………… 1 2 3 4
4. I feel comfortable in my abilities to handle my personal problems……………………….. 1 2 3 4
5. I feel that things are going my way……………………………………………………………………….. 1 2 3 4
6. I feel that I cannot cope with all the things I have to do……………………………………….. 1 2 3 4
7. I feel I can control irritations in my life…………………………………………………………………. 1 2 3 4
8. I feel that I am on top of things……………………………………………………………………………. 1 2 3 4
9. I feel angered because things are outside my control………………………………………….. 1 2 3 4
10. I feel that difficulties are piling up so high that I cannot overcome them…………….. 1 2 3 4
11. What are you working on while you are in this area?
12. Why did you choose to study in this location?
13. Do you commute to Texas State University (Circle One)? Yes No
14. What is your classification (Circle One)? Freshman Sophomore Junior Senior Grad Student Unclassified Faculty Staff
15. What is your age?
16. What is your ethnic group (Select all that apply)? Caucasian African American Native American Hispanic American Asian American Other (Please Specify)
17. What is your gender (circle one)? Male Female
18. What is your marital Status?